

CaringBridge

When my husband was diagnosed with acute myeloid leukemia, and we rushed out of town for treatment, I quickly became overwhelmed as I tried to keep my family and friends informed and up-to-date on his condition and progress. Through a friend who had gone through a similar experience, I learned about a powerful website called CaringBridge. Caringbridge provides a free, personal and private site that makes it easy to stay connected while experiencing a significant health challenge such as cancer. It takes just minutes to start a site. From there, you can conveniently share updates with your loved ones all at once. Family and friends can then visit your site to stay connected and informed, as well as leave supportive messages. For our family, the CaringBridge website was an immensely helpful tool, as it allowed me to share journal entries as well as post pictures. It was a way to minimize the stress caused by distance and isolation, by bringing messages of encouragement and hope, from near and far, from friends and family. The messages were a source of encouragement and support for Mike, and he looked forward to reading them each day. It was a positive distraction, and the perfect way to stay involved and in touch with our friends and family in a non-obtrusive way.

For more information, visit www.caringbridge.org

Brought to you by Beat the Odds Committee and KFSK Petersburg