



## Travel Assistance

For those affected by cancer, travel to obtain medical treatment can be expensive. Beat the Odds provides financial support to the following organizations to assist with travel expenses. Each organization has their own contacts and procedures. Financial assistance is based on reimbursement of expenses; receipts must be provided. Families are not asked about their income or assets. The Petersburg Medical Center Patient Navigator can facilitate connections to these organizations.

**First City Council on Cancer** is a Ketchikan-based all-volunteer organization that provides financial assistance for cancer patients in southern Southeast Alaska. Grant applications to reimburse expenses can be completed online or printed and mailed to **PO Box 8832 Ketchikan AK 99901**.

<https://www.firstcitycounciloncancer.org>

**Wrangell Medical Center Foundation's Cancer Care** assistance program provides financial assistance related to treatment outside home communities in Southeast Alaska. [wmccancercare.com](http://wmccancercare.com)

**Cancer Connection** is a Juneau-based nonprofit organization that assists Southeast Alaska residents traveling for cancer treatment. A one-bedroom fully furnished Seattle apartment is available on a first-come, first serve basis for patients needing a place to stay during treatment or testing.

The apartment is near the Virginia Mason and Swedish Medical Centers. More information about the apartment, rates, and services are available online. [cancerconnectionak.org](http://cancerconnectionak.org)

**Angel Flight West** is a nonprofit, volunteer-driven organization that arranges free, non-emergency air travel for children and adults with serious medical conditions such as cancer. Angel Flight West has a partnership with Alaska Airlines to provide transportation for Alaska residents to seek medical treatment within Alaska or to the Lower 48. A travel companion may also be accommodated. Requests must be made by a referring medical agency, doctor's office, or hospital social worker or patient navigator. [angelflightwest.org](http://angelflightwest.org)

## Education and Resources

**Mealtrain.com** is a free online interactive meal calendar that simplifies the organization of giving and receiving meals. By allowing the giving party to take into account the recipient's preferred meal times, food preferences, and available days, the site helps ensure that the recipient gets the meals they enjoy on the days that are the most helpful. mealtrain.com helps eliminate confusion related to meal giving.

**Caringbridge.org** provides a free, secure, easy-to-use communications platform to share health updates with everyone in your circle. Family and friends can be a great source of support, but constantly sharing updates can be exhausting and impractical. CaringBridge replaces countless texts and emails with an online, private, personal journal that is easy to set up, update, and share.

**Petersburg Public Library Cancer Resource Nook** is designed to be a restful healing focal point for information. Whether it is you, your spouse, partner, parent, sibling, or friend that is living with cancer, the information provided here is meant to help decrease stress and increase hope during a challenging time. [psglib.org](http://psglib.org) (907) 772-3349

**The Tree of Life Quilt** is on display at the Petersburg Medical Center. Each leaf carries a name of a loved one that has been touched by cancer. The tree illustrates our support of those currently battling cancer, celebrates those that have survived, and remembers those we have lost to cancer.



# Opening Doors

Resources in Petersburg Alaska  
for people with cancer



Petersburg Medical Center  
Foundation's Beat the Odds Committee

# Our History

Beat the Odds was founded by Annabelle Baker in 1999. Artist, futures trader, athlete, triple marathoner, dive master, kayaker, fisherwoman and hunter, Annabelle was an ardent community activist in Petersburg where she worked enthusiastically in support of cancer fund-raising.

Beat the Odds is part of the Petersburg Medical Center Foundation. The Foundation was founded in 1990 and renamed in February 2000.

The Foundation is a non-profit 501c(3) organization that was established to maintain and support assistance to Petersburg Medical Center. Beat the Odds funds are utilized locally and regionally to bring awareness, education, and support to those affected by cancer.

Our all-volunteer committee meets regularly, provides connections to resources, coordinates events, and brings individuals and businesses together to help make a difference to Beat the Odds!

Tax-free donations can be made on our website at [www.pmcak.org/store/p30/Beat\\_the\\_Odds\\_Donation.html](http://www.pmcak.org/store/p30/Beat_the_Odds_Donation.html)

Or by mail to:  
**Beat the Odds**  
**A Race Against Cancer Committee**  
PO Box 1477  
Petersburg AK 99833

*Please make checks out to Petersburg Medical Center Foundation with a note in the memo that the donation is for "Beat the Odds."*

# Support and Services

Petersburg Medical Center has a Patient Navigator, who will connect cancer patients, caregivers and families with chore services, special equipment and supplies, counseling, travel assistance funds, and other resources.

**The Patient Navigator can be reached at (907) 772-5716.**

When families are dealing with cancer and cancer treatments, everyday tasks can become overwhelming. Beat the Odds has funded chore services: someone to help with housework, meals, and other needs.

Sometimes those with cancer need special equipment or supplies. Petersburg Medical Center Home Health has a lending closet with equipment, including beds, walkers and wheelchairs Petersburg Rexall Drug can help locate items for purchase or rent.

**To find out how to get help with these services call Petersburg Rexall Drug at (907) 772-3265.**

Petersburg Cancer Support Group is a free, unstructured, anonymous gathering of people impacted by cancer facilitated by True North Counseling & Consultation, LLC. Discussions range widely and may include recovery strategies such as nutrition and exercise, dealing with fear, loss and grief, celebration of good test results, or advice about doctors and hospitals. True North Counseling & Consultation, LLC is also able to provide one-on-one counseling and consultation services to adults, couples, adolescents, children, families dealing with cancer. They can provide alternative fees to those in need and can provide a limited number of sessions free.

**Please ask your physician or nurse to refer you or contact Lea Stanton Gregor at True North Counseling and Consultation LLC (907) 650-7292 or [www.foundtruenorth.com](http://www.foundtruenorth.com).**

# Beat the Odds A Race Against Cancer Committee

## Our Mission:

**To bring awareness, education, and support to those affected by cancer.**

**For more information or to make a donation, contact Michele Parker, Chair at (907) 518-1023**

**Beat the Odds A Race Against Cancer  
PO Box 1477 Petersburg AK 99833**

[beattheoddspsg.org](http://beattheoddspsg.org)

**On Facebook:  
Petersburg Beat  
the Odds A Race Against Cancer**

**Annual Beat the Odds Walk/Run  
Fundraiser each spring**

