

Transportation

- **Road to Recovery:** Transportation program available for patients when no other form of transportation is available. Rides are provided by volunteer drivers so that patients can reach their doctor appointments and treatment sessions. These rides are provided at no charge and based on volunteer availability. Transportation requests must be at least four (4) business days in advance of the first day transportation is needed.
- **Ravn flights:** This program provides up to three (3) round-trip flights per year, for patients in active treatment. Flights are available at no cost to patients to/from locations with Ravn (previously known as Era) Alaska Service. Flights for one (1) caregiver are offered at a reduced rate (50% off). Please call 1-800-227-2345 at least eight (8) business days prior to flight for more information. Certain qualifications apply. Flight schedules are available at www.flyravn.com.
- **PenAir flights:** This program provides up to two (2) round-trip flights per year for patients in active treatment. Flights are available at no cost to patients to/from locations with PenAir Service. Flights for one (1) caregiver are offered at a reduced rate (50% off). Please call 1-800-227-2345 at least eight (8) business days prior to flight for more information. Certain qualifications apply. Flight schedules are available at www.penair.com.

Lodging

- **Patient Lodging Program:** Lodging program available for patients traveling to Anchorage or Fairbanks for treatment. Rooms are complimentary or provided at a reduced rate and are based on hotel availability. Patient waiver and credit card are required prior to booking. Advance notice is needed prior to booking (approximately 10 days- two Fridays notice).

Support

- **Patient Navigation:** Based in Anchorage, an ACS Patient Navigator is available to help Alaskan patients, families, and caregivers navigate the many programs and resources needed during the cancer journey. Call Jessica Rivera at 907-212-5605 for more information.
- **Gift Closet:** Several items are available to patients in need during their cancer journey including wigs, hats, turbans, scarves, temporary breast prostheses (puffs) and post-mastectomy bras (sized so that fitting is not required). Many more items are also available at a reduced rate through our "tlc" (Tender Loving Care) catalog.
- **Reach to Recovery:** One-on-one support for women newly diagnosed with breast cancer. Reach to Recovery matches newly diagnosed patients with an ACS volunteer who has had a similar cancer journey.

On-line/Phone Support

- **Clinical Trial Matching Service:** Free and confidential program that assists patients in finding clinical trials based upon the patient's current medical condition. Access matching service at www.cancer.org, or call 1-800-227-2345.
- **Cancer Survivors Network:** Interactive electronic support service for survivors and their families - provides a location to share thoughts with other survivors and the opportunity to find resources available to survivors. For more information or to register, visit <http://csn.cancer.org/>

Classes

- **Look Good Feel Better skin-care class:** A class taught by a licensed cosmetologist for women dealing with the physical effects of cancer treatments. Patients attending class receive a free make-up kit and learn application and scarf tying techniques. Classes are offered at least once a month in one of the Anchorage area hospitals, and bi-monthly in Fairbanks.
- **Nutrition During Cancer Treatment Cooking Class, "I Can Cope Culinary Arts":** Learn how to cook nutritious snacks and meals that are quick and easy to make while undergoing cancer treatment. Participants are given samples of the food to try and a recipe packet to take home. Class is led by an Oncology Dietitian from Providence Cancer Center. Call the Providence Cancer Center at 907-212-6870 to register for an upcoming class (offered monthly in Anchorage).

For more information please call the ACS Patient Navigator, Jessica Rivera, at 907-212-5605. American Cancer Society Anchorage office, 3851 Piper Street, Suite U240, Anchorage, AK 99508 toll-free 1-800-478-9355. The American Cancer Society National Cancer Information Center (NCIC) is open 24-hours a day at 1-800-227-2345, or visit ACS online at www.cancer.org.



American Cancer Society | Community Events



Join the worldwide movement as we come together to celebrate cancer survivors, remember loved ones lost to cancer, and fight back against the disease. Relay For Life is an overnight event. Because cancer never sleeps, for one night, neither do we. Teams of friends, families, or co-workers come together for this family friendly event and every step we take brings us closer to a world with more birthdays and less cancer. Visit relay.org and search for your nearest community to learn how you can get involved in one of our 14 Relays.

Join community leaders and enjoy one of Anchorage’s premier black-tie events during an evening filled with an elegant dinner, late-night dancing, a spectacular auction, and much more!

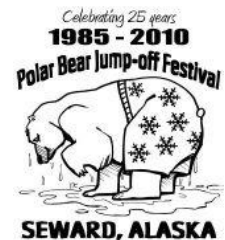


To learn more or join the board for the 30th Annual Wine and Food Festival, visit anchoragewineandfood.com.



The fifth annual Anchorage and second annual Fairbanks, Making Strides Against Breast Cancer events are three mile, non-competitive walks. Since 1993, nearly six million walkers have raised more than \$400 million to help the American Cancer Society save lives and create a world with less breast cancer. Contact Courtnee VanOrd 907-273-2075 or email her at courtnee.vanord@cancer.org for more information on how you can get involved.

For the Polar Bear Jump off, individuals and teams put on costumes and raise money and plunge into the icy waters of Resurrection Bay in Seward. Register your team today, because this event fills up quickly and is limited to 100 jumpers each year. Contact Cindy Emery 907-273-2076 or email her at cindy.emery@cancer.org for more information on how you can get involved.



To learn more, visit alaskapolarbearjump.org.

TO VOLUNTEER TODAY, PLEASE CALL JESS AT 907.273.2066 or email jess.gutzwiler@cancer.org

We **save lives** and create more birthdays by helping you stay well, by helping you get well, by finding cures, and by fighting back.

cancer.org | 1.800.227.2345